

POSTSCRIPT 11

A Letter to Those Searching for Better Health

THOSE who desire better health, From the day we were born until the day we die, we all hope for better health. Some people always say they want to be healthy, but they only say empty words and take no action. Others follow the popular diets, and at the end, they may or may not have obtained a healthier body.

There are a few things in this world that we can prepare and take care of ourselves. Just like this book describes, you can invite the invisible light energy to become supplements in your diet. Health is no longer just a wish; if you desire to obtain it you can, with effort and perseverance.

You can look at diseases and illnesses as a type of torture, and at the same time they are also a type of punishment. No matter what you have done or if you are at fault, these all can be changed if you sincerely utilize love and gratitude as your protectors. Then you will be able to feel the love and blessings from the Universe. The Universe is not partial to a particular group, gender, religion, or race, there is no prejudice. The Universe provides love based on each person's willingness to put in effort to love and appreciate. It is difficult to understand, not to mention, explain.

However, even if everyone has a different method of achieving a healthier body, with the blessings from the guiding light, people will be



protected and guided through the process until they have gained access to more guiding light and fulfilled the requirements to access their secret codes. Having that light to guide you through life is better than having walked thousands of roads to obtain the elixir of life.

If you really wish to understand the vast Universe, then you will understand the importance of treasuring every moment. Use your time wisely, good luck!

Sincerely,

Great Sun

Written on an auspicious day in October 2010